### Seven Continents

<table>
<thead>
<tr>
<th>Continent</th>
<th>Area (km²)</th>
<th>Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>North America</td>
<td>24 Million</td>
<td>57.9 Million</td>
</tr>
<tr>
<td>South America</td>
<td>18 Million</td>
<td>422 Million</td>
</tr>
<tr>
<td>Australia</td>
<td>7.1 Million</td>
<td>24 Million</td>
</tr>
<tr>
<td>Europe</td>
<td>10 Million</td>
<td>741 Million</td>
</tr>
<tr>
<td>Asia</td>
<td>4.5 Billion</td>
<td>4 Billion</td>
</tr>
<tr>
<td>Antarctica</td>
<td>5.5 Million (temporary)</td>
<td>14 Million</td>
</tr>
<tr>
<td>Africa</td>
<td>30 Million</td>
<td>1.2 Billion</td>
</tr>
</tbody>
</table>

**Antarctica**
- Contains 90% of the world's ice.
- Extremes cold, covered in ice.
- Third smallest continent.

**Australia**
- Contains Australia, New Zealand, and many islands.
- Sometimes called Australasia or Oceanica.
- Has the most crocodiles (5,000) in the world.

**Asia**
- In Africa, the oldest human fossils and skeletons have been found.
- Has the most countries (55).
- Second largest continent.

**Europe**
- The United Kingdom is the continent of Europe.
- European countries contain much of the world’s industrialized areas.
- Humans first traveled to Europe about 35,000 years ago.

**North America**
- This is the home of the English, Spanish, French.
- Countries: United States, Mexico, Greenland, and other countries.
- Contains the largest lake, Great Slave Lake, in Canada.

**South America**
- Contains the world’s largest rainforests (the Amazon).
- Fourth largest continent.

Country: A very large area of land usually surrounded by the sea and containing different countries.

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LESSON ONE: What is a continent?

Key words: Asia North America South America Europe Africa Australia Antarctica Hemisphere

1. Label the 7 continents on the map.

[Blank map with labels for continents]
2. What is the largest continent? __________________________________________

3. What is the smallest continent? __________________________________________

4. What is the imaginary circle around the Earth called? _________________

5. Name two continents are in the Northern hemisphere.

6. Which continent is in the Southern hemisphere? _________________________

7. Name three continents are in both hemispheres.

_________________   ___________________   ___________________
6. How big is a continent? Order the following from smallest to largest.

<table>
<thead>
<tr>
<th>Village</th>
<th>World</th>
<th>Continent</th>
<th>City</th>
<th>County</th>
<th>Country</th>
<th>Town</th>
</tr>
</thead>
</table>

Smallest to Largest:

- Village
- Town
- Country
- County
- City
- Continent
- World
LESSON TWO: What are Europe and Australia like?

Retrieval Practice

1. **What is a continent? Fill in the gaps.**
   
   A continent is a __________________ area of ________________.

2. Circle all the 7 continents below.

<table>
<thead>
<tr>
<th>Asia</th>
<th>Europe</th>
<th>Sweden</th>
</tr>
</thead>
<tbody>
<tr>
<td>South America</td>
<td>Africa</td>
<td>Australia</td>
</tr>
<tr>
<td>Antarctica</td>
<td>New Zealand</td>
<td>North America</td>
</tr>
</tbody>
</table>

3. Circle the largest and smallest continent.

Key words:

Australia   currency   Europe
population   landmark   country   size

1. Order the continents in size by writing their names below.

Largest...

...Smallest

<table>
<thead>
<tr>
<th>Asia</th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Australia</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
2. Write down 3 countries in Europe.

1) ________________________________

2) ________________________________

3) ________________________________

3. Draw 3 foods which you could try in Europe.
4. Label the countries of these famous landmarks in Europe.

<table>
<thead>
<tr>
<th>Landmark</th>
<th>Country</th>
</tr>
</thead>
<tbody>
<tr>
<td>Colosseum</td>
<td></td>
</tr>
<tr>
<td>Sagrada Familia</td>
<td></td>
</tr>
<tr>
<td>Eiffel Tower</td>
<td></td>
</tr>
<tr>
<td>Brandenburg Gate</td>
<td></td>
</tr>
<tr>
<td>The Parthenon</td>
<td></td>
</tr>
<tr>
<td>Eurotunnel</td>
<td></td>
</tr>
</tbody>
</table>

5. How many countries is Queen Elizabeth II sovereign of?

Queen Elizabeth II is the Queen of England. She is also the sovereign of 15 countries. A sovereign is another word for a powerful leader. She is the most famous monarch in the whole world. There are 12 monarchs in Europe.

**Queen Elizabeth II is the sovereign of ________ countries.**
6. Write down 3 countries in Australia
1) ____________________________
2) ____________________________
3) ____________________________

7. Label the countries of these famous landmarks in the continent of Australia.

Sydney Opera House
__________________________

Great Barrier Reef
__________________________

Tongario Crossing
__________________________

8. Draw 3 animals you could see in Australia.


LESSON THREE: What is Africa like?

Retrieval Practice

1. What is the smallest continent? Circle the correct answer.
   - Antarctica
   - Australia
   - Europe

2. Why is Australia known as the ‘land down under’?
   - It’s under the sea
   - It’s in the southern hemisphere
   - It is at the bottom of the earth

3. Is Queen Elizabeth the queen of the whole world?
   True or False.

4. Is Asia the biggest continent?
   True or False.

5. Which continent can I see these animals?

   Key words:
   - Africa
   - Ethiopia
   - elephant
   - leopard
   - rhino
   - buffalo
   - lion
1. Write down 3 countries in Africa.

1) ______________________________________

2) ______________________________________

3) ______________________________________

2. Label these foods on the map of Africa.

Uganda

Rice, Nigeria

Tanzania

South Africa
3. Draw the Big 5 animals you could see in Africa.

4. Label the countries of these famous landmarks in the continent of Africa.

<table>
<thead>
<tr>
<th>Landmark</th>
<th>Country</th>
</tr>
</thead>
<tbody>
<tr>
<td>Victoria Falls</td>
<td>Z</td>
</tr>
<tr>
<td>Mount Kilimanjaro</td>
<td>T</td>
</tr>
<tr>
<td>Valley of Kings</td>
<td>E</td>
</tr>
<tr>
<td>Pyramids</td>
<td></td>
</tr>
<tr>
<td>Serengeti National Park</td>
<td>T</td>
</tr>
</tbody>
</table>
LESSON FOUR: What is Asia like?

Retrieval Practice

1. Which continent has 54 countries?

________________________________________

2. What are the big five animals in Africa?

1) _______________________________

2) _______________________________

3) _______________________________

4) _______________________________

5) _______________________________

3. What continent is the Sagrada Familia in?

____________________________________

Key words:

Asia     fruit     different

China     Japan     billions

1. What is the largest country in Asia?

____________________________________
2. Write down 3 countries in Asia.
   1) ________________________________
   2) ________________________________
   3) ________________________________

3. Draw a line from the picture to the name of the fruit.

   ![Dragon Fruit](image1)
   ![Lychee](image2)
   ![Carambola](image3)
   ![Mangosteen](image4)

   Dragon Fruit  Lychee  Carambola  Mangosteen
4. Draw 3 animals you could see in Asia.


5. Label the countries of these famous landmarks in the continent of Africa.

   Great Wall of China  C
   ____________________
   Taj Mahal            I
   ____________________
   Burji Khalifa        D
   ____________________
   Rice Terraces        P
   ____________________
   Batu Caves           M
   ____________________
   Dragon Bridge        V
   ____________________
LESSON FIVE: What is North and South America like?

Retrieval Practice

1. What continent can you find a Red Panda?
   __________________________________________

2. Which continent has 12 monarchs?
   __________________________________________

3. Which continent has the tallest tower in the world?
   A – North America
   B – Africa
   C – Asia

Key words:
America      North      South      rainforest      temperature

1. Write down 3 countries that are in North America.

1) _______________________________________

2) _______________________________________

3) _______________________________________

2. How many countries does North America have?
   _______________________________________
3. Draw 3 animals you could see in the Everglades.

4. Draw a line from the fact to the location in North America.

<table>
<thead>
<tr>
<th>A meteorite came from space and crashed into earth.</th>
</tr>
</thead>
<tbody>
<tr>
<td>These crystals have grown over 500,000 years.</td>
</tr>
<tr>
<td>You can see birds like toucans, trogons, bellbirds and hummingbirds.</td>
</tr>
<tr>
<td>This is one of the tallest waterfalls in the world.</td>
</tr>
</tbody>
</table>
5. Label the missing countries on the map of South America.

Colombia  Argentina  Brazil

6. Which is the biggest country in South America?

The Panama Canal is a manmade waterway. It is 48 miles long. Instead of ships going all the way around the tip of South America, they can cut through the canal, saving them a lot of time.
7. How long is the Panama Canal in miles? _______________________________

8. Why would a ship want to go through the Panama Canal instead of going all the way around the tip of South America?

9. Circle 3 countries which have parts of the Amazon rainforest.
LESSON SIX: What is Antarctica like?

Retrieval Practice

1. How many countries are in Europe?  
   _______________________

2. What is the largest continent?  
   _______________________

3. Which is the largest country in the world?  
   The largest country is ____________________________.

Key words:
   Antarctica, iceberg, Southern, blubber, temperature, scientist
1. Here are some facts about Antarctica, not all the facts are true.

Circle true or false.

<table>
<thead>
<tr>
<th>Fact</th>
<th>True</th>
<th>False</th>
</tr>
</thead>
<tbody>
<tr>
<td>Antarctica is the coldest place on earth</td>
<td></td>
<td></td>
</tr>
<tr>
<td>There are thousands of trees and plants</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Most animals live in the sea</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A lot of people live in Antarctica all year round</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

2. Write down 1 rule for the Antarctic treaty system.

The Antarctic treaty system was made to ensure __________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

3. Write down 3 physical features that help all these animals survive the icy conditions. One has been done for you.

Special chemicals in their blood that keep them from freezing

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________
4. John Kelly uses very soft shades of colours which make his artwork appear very calm. Draw your own John Kelly inspired picture, using the image below.
**EUROPE**

Number of Countries

_________ countries

Population

______________________

Top Landmarks:

1. ___________________
2. ___________________
3. ___________________

Currency

______________________

**AUSTRALIA**

Number of Countries

_________ countries

Population

______________________

Top Landmarks:

1. ___________________
2. ___________________
3. ___________________

Currency

______________________
AFRICA

Number of Countries

_________ countries

Population

Top Landmarks:
1. 
2. 
3. 

Currency


ASIA

Number of Countries

_________ countries

Population

Top Landmarks:
1. 
2. 
3. 

Currency

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ANTARCTICA

Number of Countries

_____________________ countries

Population

_____________________

Top Landmarks:

1. ____________________

2. ____________________

3. ____________________

Currency

_____________________

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